

Chimo Gymnastics Spring 2025 Session Class Schedule

March 31st - June 21st

Program	Monday (10 weeks) No Classes - April 21st, May 19th	Tuesday (12 weeks)	Wednesday (12 weeks)	Thursday (12 weeks)	Friday (11 weeks) No Classes - April 18th	Saturday (11 weeks) No Classes - April 19th
	Parent & Tot * Kids 1-3 yrs old, with adult participation required	9:00-9:45am \$115	9:00-9:45am \$135		9:00-9:45am \$135	9:00-9:45am \$125
	10:00-10:45am \$115	10:00-10:45am \$135		10:00-10:45am \$135	10:00-10:45am \$125	10:00-10:45am \$125
		11:00-11:45am \$135				
Transitional Preschool kids 2-3 yrs old, parent participation required, transitioning to a Independent class			1:15-2:15pm \$175	this class is designed for kids who are beyond the Parent & Tot class, but too young for the Independent class, or kids who aren't quite ready to be on their own, this transitional plan will allow parent participation at the start, working towards no parent participation near the end of the session.		
Preschool 3-5 yrs *independent participation, kids must be able to listen to coaches and participate without adult assistance	9:00-10:00am \$145	9:00-10:00am \$175	1:00-2:00pm \$175	9:00-10:00am \$175	9:00-10:00am \$160	9:00-10:00am \$160
	10:15-11:15am \$145	10:15-11:15am \$175		10:15-11:15am \$175	10:15-11:15am \$160	10:15-11:15am \$160
	11:30am-12:30pm \$145	11:30am-12:30pm \$175				1:15-2:15pm \$160
						2:30-3:30pm \$160
Pre School 4-5 yrs	3:30-4:30pm \$145	3:00-4:00pm \$175	3:00-4:00pm \$175	3:00-4:00pm \$175	3:00-4:00pm \$160	
	4:00-5:00pm \$145	4:00-5:00pm \$175	3:15-4:15pm \$175	4:15-5:15pm \$175		
	4:30-5:30pm \$145		4:15-5:15pm \$175	4:45-5:45pm \$175		
Co-ed Recreational 6-8 yrs (60 min & 90 min classes)	3:00-4:30pm \$215	3:00-4:00pm \$175	3:30-5:00pm \$260	3:15-4:45pm \$260	3:15-4:45pm \$240	9:00-10:30am \$240
	5:00-6:30pm \$215	3:30-4:30pm \$175	5:00-6:30pm \$260	5:00-6:30pm \$260	5:30-7:00pm \$240	11:00am-12:30pm \$240
	5:45-7:15pm \$215	4:15-5:15pm \$175		5:30-7:00pm \$260		11:30am-1:00pm \$240
	6:45-8:15pm \$215	5:30-6:30pm \$175		6:00-7:30pm \$260		12:45-2:15pm \$240
		6:00-7:00pm \$175				2:30-4:00pm \$240
		6:30-7:30pm \$175				
Recreational Boys Only 7-10 yrs			3:00-4:30pm \$260			
Co-ed Recreational 9-12 yrs (60 min & 90 min classes)	4:30-6:00pm \$215	5:15-6:15pm \$175	5:30-7:00pm \$260	3:00-4:30pm \$260	4:45-6:15pm \$240	11:00am-12:30pm \$240
	6:15-7:45pm \$215	5:30-7:00pm \$260	6:45-8:15pm \$260	7:00-8:30pm \$260	6:00-7:00pm \$160	
		7:00-8:30pm \$260				
Co-ed Recreational 13-16 yrs	7:00-8:30pm \$215			3:30-5:00pm \$260		
Advanced Recreational 5-6 yrs (please note this is a 90 minute class)	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on Floor, learning Cartwheel on Floor, Bridge kickover, 5 hand pulls up the rope, 3 chin ups, lift toes to the bar, beat swings on bars, Left/Right/Middle splits (halfway down). Must be able to follow detailed instructions on technique and progressions. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
					4:00-6:00pm \$290	
Advanced Recreational 6-9 yrs	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on Floor, Cartwheel on Floor, Bridge kickover, be able to climb half way up the Rope, 3 chin ups, chin up pullover on bars, beat swings on bars, handstand on low beam, Left/Right/Middle splits (halfway down). Must be able to follow detailed instructions on technique and progressions. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
		6:30-8:30pm \$315	6:30-8:30pm \$315			9:00-11:00am \$290
Advanced Recreational 9-12 years	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on Floor, Cartwheel on Floor, Bridge kickover, Handstand to bridge, working on roundoff, be able to climb half way up the Rope, 5 chin ups, chin up pullover on bars, beat swings on bars, handstand on low beam, Left/Right/Middle splits (halfway down). Must be able to follow detailed instructions on technique and progressions and not be afraid. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
				6:30-8:30pm \$315		
Advanced Recreational 13-16 years	This program is geared towards participants that have had gymnastics experience before (has been in at least 2 sessions at Chimo). Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development they will be withdrawn. Skills that they should have: Handstand on Floor, Cartwheel on Floor, Bridge kickover, Handstand to bridge, roundoff, be able to climb half way up the Rope, 6 chin ups, jump from low to high bar with a long hang swing, beat swings on bars, handstand on medium beam, cartwheel on low beam, Left/Right/Middle splits (halfway down). Must be able to follow detailed instructions on technique and progressions and not be afraid. Ability to focus is required. If you are unsure if you child meets these requirements, talk to their current coach.					
					6:30-8:30pm \$315	
Adult Gymnastics			11:30am-1:00pm \$260	7:30-8:30pm \$175		
			7:30-8:30pm \$175			
Home School 6-8 yrs			11:30am-1:00pm \$260			
Home School 9-12 yrs			11:30am-1:00pm \$260			
Parkour 6-8 yrs	3:00-4:00pm \$145	4:45-5:45pm \$175				
	6:00-7:00pm \$145					
Parkour 9-12 yrs	4:15-5:45pm \$215		5:30-6:30pm \$175		5:30-7:00pm \$240	
Parkour 13-16 yrs		7:00-8:30pm \$260				
Trampoline & Tumbling 6-9 yrs				5:30-7:00pm \$260		
Trampoline & Tumbling 10-16 yrs				7:00-8:30pm \$260		
Please note: Classes must have a minimum of 3 kids enrolled to run. Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development you will be contacted and asked to change classes. There is a mandatory Gymnastics BC insurance fee of \$44 for all participants. This fee is good from September 1st, 2024 until August 31, 2025.						